

INFORMED CONSENT

Congratulations for having chosen the safest and most natural health care program in the world: Chiropractic. In accordance with California law this notice is to inform you as a patient of the material risks of undergoing chiropractic care. Material risk means that there are known inherent risks from a particular treatment. Since the literature is vague and sometimes biased it is not absolutely known that there are any material risks from chiropractic care in general. This approach to healthcare has been serving people every day for over 100 years. It is licensed in every state and in most countries. Chiropractic has the lowest incidence of any reported side effects of any healthcare profession; evidenced by our extremely low malpractice rates. The procedures that will be performed in the course of your care may consist of chiropractic manual adjustments, cold laser therapy, SoftWave therapy, and/or non-surgical spinal decompression. You may also choose to opt for invis-i-RED weight reduction/fat loss treatment.

Chiropractic has a very rare rate of injury occurrence, but to outline some possible issues you may experience muscle spasms, tightness, rib fracture, and disc injuries. Also, there have been medical reports of a possible connection to stroke although unconfirmed in the literature. In fact, there is virtually zero risk of this happening from chiropractic treatment. The largest study was done in 2001 by the Canadian Medical Association Journal that reported a 1 in 5.85 million risk that cervical manipulation performed by an MD, PT, or DC would be followed by a stroke. You may experience some mild symptoms during the healing phase of your care. Please understand that these mild symptoms are normal and indicate healing as your health returns to its optimal state.

The availability and nature of other treatment options.

Other treatment options for your condition may include:

- Self-administered, over-the-counter analgesic drugs and rest
- Medical care and prescription drugs such as anti-inflammatories, muscle relaxants and painkillers
- Hospitalization
- Surgery

If you choose to use one of the above noted "other treatment" options, you should be aware that they carry serious dangers, risks and benefits and you may wish to discuss these with your primary medical physician.

The risks and dangers of remaining untreated.

There are risks if left untreated or if you should avoid getting prescribed chiropractic care. They include adhesions, increased pain reaction, disc degeneration, loss of mobility, loss of tone, and decreased quality of life. Over time this process may complicate treatment, making it more difficult and less effective the longer it is postponed.

DO NOT SIGN UNTIL YOU HAVE READ AND UNDERSTAND THE ABOVE.

I have read and have had read to me the above explanation of the chiropractic adjustment and related treatment. I have verbally been told of the risks and discussed them with Dr. Rik Wahlrab DC and have had my questions answered to my satisfaction. By signing below I state that I have weighed the risks involved in undergoing treatment and have decided that it is in my best interest to undergo the treatment recommended. Having been informed of the risks, I hereby give my consent to that treatment.

My signature applies to any and all future treatments in this office.

Signature: _____

Date _____

Print Name: _____